

DEPARTMENT OF AGING AND YOUTH



2008 ANNUAL REPORT

MISSION STATEMENT

The Wayne County Department of Aging and Youth exists to promote the independence, dignity, health, and quality of life of Wayne County residents and their families; to identify and prioritize community needs; and to plan, fund, and administer a coordinated system of services to meet these needs.

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AGING SERVICES

2008 ACCOMPLISHMENTS

Senior Centers Increase Meals Served

Good nutrition is vital to leading a healthier, longer life and proper diets can play a role in reducing two of the leading causes of disability and death: heart disease and diabetes. Our six senior centers offer healthy, balanced meals five days per week, in addition to a variety of social and educational programming.

Last year, we challenged our senior center managers to increase meals served by 10% over 2007. As part of this emphasis on increasing participation, we asked Cornell Cooperative Extension to host a series of workshops for our center managers. Topics included improving communication and conflict resolution skills, discussing ways to make the centers more welcoming and attractive, encouraging community involvement, and looking at the centers from our guests' standpoint.

We also expanded transportation services to our senior centers in 2008. Wayne Area Transportation Service (WATS) took over our out-of-county transportation for medical appointments (Rochester, Clifton Springs, and Geneva) which allowed us to add transportation to the Clyde center on Tuesdays and the Newark center on Fridays. We now provide transportation to five of our six senior centers. We have also been able to schedule additional trips to Wayne County-based medical and agency appointments on these days in between providing rides to senior center participants.

Finally, exercise programs have been implemented in five of six senior centers. The Clyde, Newark, Sodus, and Wolcott centers have Bone Builders, a program intended to prevent or reduce the incidence of osteoporosis, and the Ontario center has an exercise program presented by the Arthritis Foundation.

All of these initiatives and changes have paid off. We are pleased to report that, countywide, meals increased in 2008 by 12% to 25,075—the highest number of meals served since 1990!

Demand Up for Energy-Related Programs

The high costs of home heating fuels in the summer and fall of 2008 prompted many more people to contact the Department of Aging and Youth for information about the Home Energy Assistance Program (HEAP) and Weatherization services. Between September 1 and December 31 (our busiest part of the HEAP program year), we processed 895 HEAP applications—up from our average of 750 during this timeframe. Fortunately, HEAP benefits were raised this year to match the higher prices of fuel—\$900 maximum for fuel oil, kerosene, and propane users; \$685 for other sources of energy.

The number of seniors who requested Weatherization services (insulation, weather stripping, and new energy-efficient doors and windows, for example) also increased dramatically in 2008. We added 68 households to our waiting list, which now stands at 109. Due to the limited funding available for this program, the average wait time is now approaching three years, up from two. A one-time prioritization initiative in the fall of 2008 by New York State provided immediate services to six of our neediest seniors.

NY Connects Services Up

NY Connects, the statewide initiative to provide long-term care information and assistance to individuals of any age, income, or disability, entered its third year of operation in 2008. The Department of Aging and Youth is the lead agency for NY Connects in Wayne County, but we also work very closely with the Department of Social Services and Public Health.

Long-term care encompasses the wide range of services and supports available to people with both chronic and short-term care needs. While care in a nursing home may be a more common perception of long-term care, many long-term care services are provided in individuals' homes and apartments. Examples include case management, home delivered meals, help with personal care and housekeeping, transportation to medical appointments, and personal emergency response units. Community-based care is often preferred to facility-based care and is frequently less expensive.

One major accomplishment in 2008 was the development of a universal application for Wayne County's four nursing homes. Previously, individuals and their families would need to complete a separate application for each nursing home—a process that could be very time consuming. We very much appreciate the input and cooperation we received from Blossom View Nursing Home, the DeMay Living Center, Newark Manor Nursing Home, and the Wayne County Nursing Home in this endeavor.

In total, we served 520 individuals or their caregivers with NY Connects services in 2008. While the vast majority of contacts were from Wayne County residents caring for other Wayne County residents, we also took calls from friends and family members who live throughout New York State and in eight other states: California (2), Florida (3), Illinois (3), Maryland (2), Maine (1), Michigan (2), Pennsylvania (3), and Tennessee (1). In most cases, these out-of-area calls are sons, daughters, and other close family members calling to request information about available programs and services to help their loved ones.

Another Record Year for Insurance Counseling

With the advent of Medicare Part D and the availability of many more Medicare Advantage plans, demand for our insurance counseling services has skyrocketed—up 76% since last year. Medicare Part D and Medicare Advantage plans, though, are just two of the many topics our insurance counselors discuss. People also want information about

other prescription plan options, Medicare Parts A and B, Medicare supplemental policies, employer-based insurance coverage, Medicaid, and long-term care insurance.

We are fortunate that funding from the New York State Office for the Aging has also increased to help us meet the demand for insurance counseling services. Until 2004, when additional monies became available to assist us with the 2005 implementation of Medicare Part D, funding from the New York State Office for the Aging for our insurance counseling services was a meager \$2,350 per year. Funding has increased several times since then and now stands at \$30,000 annually.

Our Medicare 101 sessions—for people new to Medicare—were so popular that we added a second, more advanced session, Medicare 102, which began in July. We served 161 attendees through the Medicare 101 class and 57 through Medicare 102.

Summary

In 2008, the earliest Baby Boomers (born in 1946) began to turn 62, the minimum age at which Social Security benefits become available. In three years, we will see a similar surge in eligibility for Medicare benefits. In fact, while the 60+ population grows at an unprecedented rate, the under-60 population is expected to decrease slightly over the foreseeable future. As these changes occur, we expect to see a similar rise in demand for our services. We are committed to providing high-quality services to Wayne County's seniors and their family members and are prepared to meet the challenges of the years ahead.

COMMUNITY AND CAREGIVER SERVICES

Aide Service: The department contracts with Lifetime Care to provide personal care and homemaker services. The cost of service is based on income. The goal of the program is to help seniors continue to live safely and independently in their own homes or apartments.

Caregiver Services: Caregiver Services includes workshops for grandparents caring for their grandchildren and, for caregivers of older relatives, educational programs and support groups.

Case Management: Case Management is provided to all aide service and adult day services clients but may also be provided on its own. Caseworkers are in regular contact with clients and their family members and stay alert to any changes in the clients' needs.

Long-term Care Ombudsman Program: Ombudsmen are New York State trained and licensed volunteers who are assigned to local nursing homes and adult care homes. Their activities include receiving complaints, resolving problems, protecting resident rights, identifying adverse issues and conditions affecting residents, and providing information and assistance to improve and maintain residents' quality of life.

Personal Emergency Response System: Units are assigned based on need and 160 are in service at any one time. Units are monitored 24 hours a day by Wayne County's E-911 center.

Transportation: The department provides transportation for seniors to medical and agency appointments in Wayne County and the surrounding area. We also offer transportation for shopping and to several senior centers.

Weatherization: Weatherization services assist low-income households in reducing energy consumption, lowering fuel bills, and increasing home comfort. Examples of services include drafty window and door replacement, insulation and weather stripping installation, and furnace cleaning/tune-up.

COMMUNITY AND CAREGIVER SERVICES

Program	2008 Units of Service <i>% Change from 2007</i>	2008 Participants <i>% Change from 2007</i>
Aide Service	11,801 hours -4%	92 -15%
Caregiver Services	9 programs -57%	27 +13%
Case Management	3,509 hours -12%	117 -3%
Long-term Care Ombudsman Program	298 hours 0%	190 complaints -18%
Personal Emergency Response System	1,800 unit months 0%	205 +9%
Transportation	2,703 rides +5%	112 +8%
Weatherization	204 contacts +15%	68 +13%

INFORMATION, ASSISTANCE, AND ADVOCACY SERVICES

Case Assistance: When seniors have situations that require more than a simple answer, department staff are trained to provide necessary information, make referrals to appropriate agencies, assist in obtaining benefits and services, and serve as advocates.

Home Energy Assistance Program (HEAP): HEAP assists persons with limited incomes in paying home heating costs. The Department of Social Services contracts with us to send, receive, and process HEAP applications for applicants age 60 and older or who are disabled and any age.

Information: The Department is a trusted source of information about aging-related issues. Each unit of service is a contact that staff made with the public or a question we were able to answer.

Insurance Counseling: We provide neutral, unbiased information about Medicare, supplemental insurance, HMOs, Medicaid, Medicare buy-in programs, EPIC, and long term care insurance. We also help with understanding billing questions, filing claims, and comparing policy coverage.

Legal Assistance: The Department contracts with Legal Assistance of the Finger Lakes to provide professional legal counseling and representation in civil matters to the seniors of Wayne County. Typical cases include benefit denials, landlord-tenant disputes, and consumer rights.

NY Connects: Choices for Long-Term Care in Wayne County: Long-term care encompasses the wide range of services and supports available to people with both chronic and short-term care needs. NY Connects provides unbiased and comprehensive information to individuals and families trying to access appropriate long-term care services. The goal is to reduce the need for and delay entry into more costly institutional care by encouraging the use of community-based services and offering better coordinating care.

INFORMATION, ASSISTANCE, AND ADVOCACY SERVICES

Program	2008 Units of Service <i>% Change from 2007</i>	2008 Participants <i>% Change from 2007</i>
Case Assistance	169 contacts <i>-40%</i>	52 <i>-29%</i>
Home Energy Assistance Program	1,085 applications <i>+18%</i>	980 <i>+15%</i>
Information	6,835 contacts <i>+8%</i>	N/A
Insurance Counseling	2,699 contacts <i>+77%</i>	421 <i>+51%</i>
Legal Assistance	117 hours <i>-14%</i>	42 <i>+11%</i>
NY Connects: Choices for Long-Term Care	875 contacts <i>+47%</i>	520 <i>+66%</i>

NUTRITION, HEALTH, AND WELLNESS SERVICES

Farmers' Market Coupons: The department serves as a distribution point for the farmers' market coupon program operated by the New York State Department of Agriculture and Markets. Each booklet contains \$20 in coupons that can be used the same as cash at local farmers' markets.

Health Promotion: Wellness clinics are offered monthly at several locations throughout the county – including all of our senior centers with the exception of Newark. Nurses are available to check blood pressure, pulse, and weight free of charge.

Home Delivered Meals: Home delivered meals are provided through our contract with Home Meal Service, Inc. Any person who is unable to shop or prepare food or who is nutritionally at-risk is eligible to receive meals. Meals are planned by our registered dietitian and meet 1/3 RDA requirements.

Home Delivered Meals Case Management: Every individual receiving home delivered meals is reassessed annually by the Nutrition Services Coordinator. In addition, our Dietician makes additional contacts in six-month intervals to make sure that the meals are meeting each client's needs.

Nutrition Counseling: Our registered dietitian is available to meet with seniors and/or caregivers to answer nutrition-related questions and to provide advice on making healthy menu choices.

Nutrition Education: Nutrition Education activities are provided in several formats on a monthly basis by our registered dietitian. Nutrition-related articles also appear in the department's quarterly newsletter.

Senior Centers: Our senior centers offer a number of programs and activities in addition to a hot, nutritious noontime meal. Centers are generally open 9:30 am – 1:30 pm Monday through Friday and meals are planned by our registered dietitian to meet 1/3 RDA requirements.

NUTRITION, HEALTH, AND WELLNESS SERVICES

Program	2008 Units of Service <i>% Change from 2007</i>	2008 Participants <i>% Change from 2007</i>
Farmers' Market Coupons	635 booklets +6%	635 +6%
Health Promotion	404 events +405%*	292 +52%
Home Delivered Meals	39,891 meals +3%	298 -4%
HDM Case Management	169 hours +39%	137 +32%
Nutrition Counseling	59 hours +7%	69 +19%
Nutrition Education	70 presentations -17%	239 -11%
Senior Center Meals	25,075 meals +12%	614 -7%

*The Bone Builders exercise and osteoporosis prevention program was expanded to the Clyde, Newark, Sodus, and Wolcott senior centers. The Ontario Center hosts the Arthritis Foundation exercise program.

WAYNE COUNTY SENIOR CENTERS

Center Location Phone Number	Center Operator Manager	Meals	Participants	Donations
		2008 % Change From 2007	2008 % Change from 2007	2008 % Change from 2007
Faith United Methodist Church 12223 Oswego Street, Wolcott 594-1644	Department of Aging and Youth <i>Debbie Hill</i>	5,968 +28%	124 +6%	\$6,235.56 +1%
St. John's Church Hall E. DeZeng Street, Clyde 923-7216	Department of Aging and Youth <i>Susan Gutschow</i>	2,677 +19%	87 +15%	\$3,993.12 +7%
United Third Methodist Church 56 W. Main Street, Sodus 483-8362	Home Meal Service, Inc. <i>Betty Mayou</i>	4,588 +10%	208 -20%	\$3,055.30 +12
Brown Square Village 2100 Brown Square, Ontario 524-3034	Town of Ontario <i>Brenda Kohler</i>	6,364 +9%	79 -14%	\$7,649.09 +11%
Alex Eligh Community Center 303 East Avenue, Newark 331-2532	Village of Newark <i>Patricia Cowles</i>	2,697 +9%	71 -8%	\$5,370.05 +5%
Village Park and Club Rooms 149 E. Main Street, Palmyra 597-4015	Department of Aging and Youth <i>Nancy Macomber</i>	2,781 -7%	91 -13%	\$3,405.24 -2%
Total		25,075 +12%	614 -7%	\$29,708.36 +6%

DEMOGRAPHIC OVERVIEW OF SENIORS SERVED IN 2008

	Number	% change from 2007
Total seniors served (all programs, age 60+)	2,921	+10%
Low income (<150% of federal poverty level)	1,105	+2%
Minority seniors served	124	0%
Low income minority	81	+13%
Frail or disabled	1,061	-5%
Age 60 – 74	1,515	+12%
Age 75 – 84	895	+15%
Age 85+	511	0%
Live alone	1,335	+5%

**AGING SERVICES ADVISORY COUNCIL MEMBERS
as of December 31, 2008**

Vicky Daly, Mayor, Village of Palmyra

Marianne DeBellis, Wayne County Department of Social Services

Louise Glanzel, Wolcott

William Hammond, Supervisor, Town of Macedon

Roy Herrmann, Ontario

Corrine Kleisle, Mayor, Village of Lyons

Mary Ann Lane, Marion

Chris Lauster, Galen

David Nussbaumer, Palmyra

Susan Nussbaumer, Palmyra

Mae Pitts, Williamson

Elva Robinson, Sodus

Alice Schultz, Macedon

Pam Taylor, Wayne Community Nursing Care/Public Health

Mary Veley, Wolcott

AGING SERVICES PROVIDED BY TOWN
1/1/2008 - 12/31/2008

Arcadia

Program	# Served
Aide Service - PCA I	4
Aide Service - PCA II	11
Caregiver Services	15
Case Assistance	12
Case Management	56
Congregate Meals/Senior Center	64
Discount Card	79
Health Promotion	43
Home Delivered Meals	73
Home Energy Assistance Program	172
Insurance Counseling	88
Legal Assistance	10
Nutrition Counseling	12
Nutrition Education	37
NY Connects	84
Personal Emergency Response System	38
Transportation	26
Weatherization	9

Butler

Program	# Served
Aide Service - PCA II	1
Caregiver Services	1
Case Assistance	2
Case Management	4
Congregate Meals/Senior Center	19
Discount Card	4
Health Promotion	12
Home Delivered Meals	6
Home Energy Assistance Program	26
Insurance Counseling	10
Nutrition Counseling	2
Nutrition Education	8
NY Connects	8
Personal Emergency Response System	3
Transportation	8
Weatherization	5

Galen

Program	# Served
Aide Service - PCA II	8
Caregiver Services	3
Case Assistance	3
Case Management	10
Congregate Meals/Senior Center	68
Discount Card	7
Health Promotion	36
Home Delivered Meals	13
Home Energy Assistance Program	64
Insurance Counseling	25
Legal Assistance	1
Nutrition Counseling	6
Nutrition Education	17
NY Connects	19
Personal Emergency Response System	14
Transportation	8
Weatherization	7

**AGING SERVICES PROVIDED BY TOWN
1/1/2008 - 12/31/2008**

Huron

58 residents served

Program	# Served
Aide Service - PCA II	3
Caregiver Services	1
Case Management	6
Congregate Meals/Senior Center	16
Discount Card	3
Health Promotion	7
Home Delivered Meals	5
Home Energy Assistance Program	20
Insurance Counseling	13
Nutrition Education	3
NY Connects	7
Personal Emergency Response System	2
Transportation	2
Weatherization	3

Lyons

235 residents served

Program	# Served
Aide Service - PCA I	1
Aide Service - PCA II	1
Caregiver Services	4
Case Assistance	10
Case Management	25
Congregate Meals/Senior Center	22
Discount Card	17
Health Promotion	2
Home Delivered Meals	38
Home Energy Assistance Program	83
Insurance Counseling	40
Legal Assistance	9
Nutrition Counseling	6
Nutrition Education	6
NY Connects	34
Personal Emergency Response System	20
Transportation	11
Weatherization	6

Macedon

125 residents served

Program	# Served
Aide Service - PCA I	2
Aide Service - PCA II	7
Caregiver Services	3
Case Assistance	2
Case Management	12
Congregate Meals/Senior Center	10
Discount Card	3
Health Promotion	5
Home Delivered Meals	9
Home Energy Assistance Program	56
Insurance Counseling	17
Legal Assistance	5
Nutrition Education	2
NY Connects	22
Personal Emergency Response System	14
Transportation	3
Weatherization	2

AGING SERVICES PROVIDED BY TOWN
1/1/2008 - 12/31/2008

Marion

129 residents served

Program	# Served
Aide Service - PCA II	2
Case Assistance	2
Case Management	14
Congregate Meals/Senior Center	13
Discount Card	15
Health Promotion	14
Home Delivered Meals	14
Home Energy Assistance Program	52
Insurance Counseling	23
Nutrition Counseling	3
Nutrition Education	5
NY Connects	23
Personal Emergency Response System	4
Transportation	4
Weatherization	1

Ontario

182 residents served

Program	# Served
Aide Service - PCA I	2
Aide Service - PCA II	11
Caregiver Services	2
Case Assistance	1
Case Management	20
Congregate Meals/Senior Center	56
Discount Card	8
Health Promotion	18
Home Delivered Meals	16
Home Energy Assistance Program	83
Insurance Counseling	23
Legal Assistance	1
Nutrition Counseling	5
Nutrition Education	34
NY Connects	25
Personal Emergency Response System	13
Transportation	5
Weatherization	2

Palmyra

244 residents served

Program	# Served
Aide Service - PCA I	3
Aide Service - PCA II	7
Case Assistance	1
Case Management	33
Congregate Meals/Senior Center	55
Discount Card	24
Health Promotion	17
Home Delivered Meals	36
Home Energy Assistance Program	89
Insurance Counseling	30
Legal Assistance	3
Nutrition Counseling	4
Nutrition Education	23
NY Connects	42
Personal Emergency Response System	19
Transportation	14
Weatherization	7

**AGING SERVICES PROVIDED BY TOWN
1/1/2008 - 12/31/2008**

<u>Rose</u>	<u>77 residents served</u>	<u>Savannah</u>	<u>50 residents served</u>	<u>Sodus</u>	<u>308 residents served</u>
Program	# Served	Program	# Served	Program	# Served
Case Assistance	1	Aide Service - PCA II	1	Aide Service - PCA I	2
Case Management	3	Case Assistance	1	Aide Service - PCA II	8
Congregate Meals/Senior Center	17	Case Management	2	Caregiver Services	3
Discount Card	3	Congregate Meals/Senior Center	8	Case Assistance	7
Health Promotion	11	Health Promotion	5	Case Management	23
Home Delivered Meals	5	Home Delivered Meals	1	Congregate Meals/Senior Center	94
Home Energy Assistance Program	44	Home Energy Assistance Program	26	Discount Card	14
Insurance Counseling	12	Insurance Counseling	10	Health Promotion	50
Nutrition Counseling	1	Legal Assistance	1	Home Delivered Meals	30
Nutrition Education	3	Nutrition Counseling	1	Home Energy Assistance Program	92
NY Connects	3	Nutrition Education	5	Insurance Counseling	41
Personal Emergency Response System	8	NY Connects	5	Legal Assistance	5
Transportation	3	Personal Emergency Response System	3	Nutrition Counseling	11
Weatherization	5	Transportation	2	Nutrition Education	31
		Weatherization	2	NY Connects	47
				Personal Emergency Response System	28
				Transportation	7
				Weatherization	11

AGING SERVICES PROVIDED BY TOWN
1/1/2008 - 12/31/2008

Walworth

Program	# Served
61 residents served	
Aide Service - PCA II	2
Caregiver Services	1
Case Assistance	1
Case Management	5
Congregate Meals/Senior Center	7
Discount Card	5
Health Promotion	2
Home Delivered Meals	6
Home Energy Assistance Program	22
Insurance Counseling	10
Nutrition Education	5
NY Connects	15
Personal Emergency Response System	2
Transportation	2
Weatherization	1

Williamson

Program	# Served
211 residents served	
Aide Service - PCA I	1
Aide Service - PCA II	9
Caregiver Services	5
Case Assistance	3
Case Management	23
Congregate Meals/Senior Center	30
Discount Card	29
Health Promotion	15
Home Delivered Meals	28
Home Energy Assistance Program	67
Insurance Counseling	31
Legal Assistance	2
Nutrition Counseling	7
Nutrition Education	10
NY Connects	34
Personal Emergency Response System	19
Transportation	7
Weatherization	3

Wolcott

Program	# Served
194 residents served	
Aide Service - PCA I	1
Aide Service - PCA II	4
Case Assistance	5
Case Management	7
Congregate Meals/Senior Center	63
Discount Card	9
Health Promotion	28
Home Delivered Meals	9
Home Energy Assistance Program	77
Insurance Counseling	33
Legal Assistance	4
Nutrition Counseling	8
Nutrition Education	30
NY Connects	21
Personal Emergency Response System	14
Transportation	9
Weatherization	3

YOUTH DEPARTMENT

The Department of Aging and Youth, with the support of the Youth Board, is responsible for determining the need, planning, resource development, resource allocation, and monitoring of youth programs that are funded by the New York State Office of Children and Family Services. Funds are allocated to agencies to provide programs for youth under twenty-one years of age that focus on preventive services, runaway and homeless youth, juvenile justice, education, recreation and youth development.

As a result of collaboration, survey results, and data collected for the 2004-2006 County Comprehensive Plan it became evident that the Youth Department needed to focus on youth development and primary prevention. The 2007-2009 Child and Family Services Plan, which is an integrated plan with the Dept. of Social Services, continues to support findings that youth development and mentoring are effective ways to prevent high risk behavior. These efforts would promote emotional health and safety for youth and support family stability and ultimately reduce out-of-home placements. Mentoring programs and youth development programs have proven to be successful prevention methods resulting in asset development and placement reduction.

2008 Youth Department Accomplishments

Youth and Family Services

The Department of Aging and Youth is the lead agency in the county for the Coordinated Children's Services Initiative (CCSI). The goal to reduce out of home placement for Wayne County children was a priority again in 2008. Families and Communities Together (FACT) is an interagency initiative designed to assist families with children who are having difficulty in their homes, school or community and are at risk for placement. FACT served 122 youth and 84 families in the year 2008. The number of families served is slightly down from 2007 (92 families) but the problems experienced by families were more intense. Over \$402,000 was saved because out of home placements were averted due to the FACT process. FACT is a direct service provided by the Department of Aging and Youth.

Another priority in Wayne County is to continue to reduce the number of juvenile delinquent (JD) placements. The JD Steering Committee, comprised of department heads from the Department of Aging and Youth, Probation, DSS, the County Attorney's Office, and Wayne Behavioral Health Network (WBHN) developed the JD Screening Committee in 2006. The JD Screening Committee consists of representatives from the Department of Aging and Youth, Probation, Department of Social Services and Mental Health. The Screening Committee has been meeting monthly to review difficult cases that are heading in the direction of out of home placement. Wayne County's DSS contracted with Youth Advocacy Programs (YAP) and WBHN developed the Family Preservation Program. Both

of the programs offered intense in-home services. The JD Screening Committee met monthly to assess the needs of the youth and refer the families to the appropriate service.

The Director of the Department of Aging and Youth was able to secure funding so that emergency respite services could be provided to the runaway youth as well as other youth in need of the service. Crisis Respite served nine youth from various locations throughout Wayne County.

The Department of Aging and Youth put forth a great amount of collaborative effort in 2008 because resources continue to be limited. The Deputy Director was a member of many committees including JD Screening, YAP/OCFS Committee, and SPOA in an effort to better serve youth and families.

Youth Development

In an effort to increase youth development opportunities in Wayne County the Department of Aging and Youth developed asset training for various groups in 2008. The Youth Services Assistant developed curriculums that educated youth in such areas as teambuilding, communication, self-esteem, problem solving, anti-bullying and leadership. Also, the Deputy Director for Youth and the Youth Services Assistant led two, 2 hour trainings for the Department of Social Services' foster parents. The trainings for foster parents focused on anti-bullying, self esteem and communication.

The Department of Aging and Youth was the lead agency in providing the revised 18 hour training, *Advancing Youth Development (AYD)* for 20 people from Wayne County. The training was made available to youth workers throughout the county. AYD training was also provided to summer recreation employees ages 15-19. Thirty-four youth participated in this type of AYD training which was the first in the county. The training provides positive methods of dealing with youth and the importance of asset building for youth.

Youth from Wayne County took part in a Leadership Forum in Albany sponsored by the Association of New York State Youth Bureaus. The first day of the event youth participated in various workshops that were youth driven. The second day they attended a Legislative Breakfast where Assemblymen and Senators met with the youth to discuss local issues. Over 250 youth from across the State attended.

The Department of Aging and Youth was a collaborative partner in the CBAPP (Community Based Adolescent Pregnancy Prevention) program. Aging and Youth was the lead agency in organizing a full day, asset-based, countywide Youth Conference.

Wayne County collaborated with Yates, Ontario and Seneca Counties for A Youth in Partnership (APY) grant. The grant provided funds for the Wayne County Workforce Development to work with ten high risk youth that are involved at some level with law or human service agencies. The Dept. of Aging and Youth provided technical assistance to

Workforce Development so that the program maintained a youth voice and youth development practices.

Recreation

Three full days of activities occurred at the annual Fun-in-the-Sun event at Sodus Point. The Department of Aging and Youth organized the event and approximately 290 youth participated.

In the fall of 2005 the Department of Aging and Youth met with recreation centers throughout Wayne County to possibly start a collaborative effort to enhance recreational activities in the county. In 2008 the Wayne County Recreation Council continued to meet on a regular basis to communicate issues, concerns and plan events. Also, the Recreation Council is in the process of developing a needs survey with the assistant of youth from the youth Board and the Ontario Recreation Center.

Collaboration

The Department of Aging and Youth continues to work closely with family service agencies in Wayne County to provide quality service. Ongoing participation on various committees is an important part of collaboration. The Department of Aging and Youth plays an active role in the following committees:

- SPOA
- The Housing Consortium
- The Chemical Dependency Sub-Committee
- Criminal Justice Committee
- Oversight Committee
- Wayne County Runaway/Homeless Task Force
- Cornell Cooperative Ext. (CCE) Nutrition and consumer Science Advisory Council
- Wayne County Recreation Council
- Domestic Violence Task Force
- Rural Health Network (RHN)
- CCE Eat Well Play Hard Coalition
- JD Steering Committee
- JD Screening Committee
- Community Service Board
- RHN Mental Health/Substance Abuse Sub-Committee
- Wayne County Diversity Committee
- YAP/OCFS Committee

YOUTH AND FAMILY SERVICES

Families and Communities Together (FACT)

The Family and Communities Together (FACT) primary goal is to enhance family functioning by providing coordinated, individualized services to at-risk children and their families in order to prevent more invasive and costly interventions such as, juvenile justice/ family court, residential/correctional placements or alternative school placements.

FACT is designed to assist families with children in grades K-8 who are identified at high- risk of placement due to emotional or behavioral challenges. Youth that experience difficulty in their home, school or community are referred to the program. The FACT initiative mission is to provide better oversight, coordination and collaboration of existing services to improve families' success of remaining intact.

FACT contracts with eight school districts in Wayne County; Clyde-Savannah, Lyons, Marion, Newark, North Rose-Wolcott, Palmyra-Macedon, Sodus, and Williamson. Schools are the primary referral source to FACT. They are frequently the first to identify the behavioral indicators that could potentially lead the youth to future placement. FACT is an appropriate intervention prior to schools initiating PINS/court involvement.

Since the inception of the program in 2000, FACT has continued to grow in both the number of school districts served, as well as increasing the target population age from elementary-age students to including middle school students in 2002/2003.

The operating budget for the FACT program in 2008 has multiple funding sources. In 2008, revenue sources to support this effort were New York State Office of Children and Family Services, Office of Mental Health Reinvestment dollars, the Bullis Foundation, Wayne County, and eight contracting schools.

In 2008, FACT worked with 122 youth from 84 families. The school systems and youth serving agencies identified 11 of these youth were on the threshold of placement on the referral. A post evaluation completed by the referral sources revealed that two psychiatric, eight foster care and one residential placement were averted, saving approximately \$402,000 plus educational costs.

FACT REPORT - Comparison for 2006 and 2007

Program Year	School Contracts	Grade Level Served	Youth Served	Families Served
2006	7	K-8	122	93
2007	8	K-8	135	91
2008	8	K-8	122	84

2006 PLACEMENTS AVERTED

TYPE	NUMBER OF CHILDREN	ESTMATED SAVINGS
Educational	1	Varies with program type
Foster-care	12	\$96,000 plus educational costs
Residential	0	\$0 plus educational costs
Psychiatric	2	\$250,000 plus educational costs
TOTAL	15	\$346,000 plus educational costs

2007 PLACEMENTS AVERTED

TYPE	NUMBER OF CHILDREN	ESTMATED SAVINGS
Educational	4	Varies with program type
Foster-care	4	\$36,000 plus educational costs
Residential	0	plus educational costs
Psychiatric	3	\$375,000 plus educational costs
TOTAL	11	\$411,000 plus educational cost

2008 PLACEMENTS AVERTED

TYPE	NUMBER OF CHILDREN*	ESTMATED SAVINGS
Educational	0	Varies with program type
Foster-care	8	\$72,000 plus educational costs
Residential	1	\$80,000 plus educational costs
Psychiatric	2	\$250,000 plus educational costs
TOTAL	11	\$402,000 plus educational cost

- Children were identified at risk of placement by the referral source.

Family Counseling Service of the Finger Lakes

The Youth Department contracts with Family Counseling Service of the Finger Lakes, Inc. to provide counseling services to youth and their families. In 2008, individual and family counseling services were provided to 114 youth. See charts below for detailed information on the population served by Family Counseling for 2006, 2007 and 2008:

Family Counseling 2006/2007/2008

	2006	2007	2008
Total Served	153	114	146
Male	80	62	82
Female	73	52	64
Age 0-9	70	43	44
Age 10-15	59	49	67
Age 16-20	24	22	35

Pre-Trial Diversion Services

The Diversion Program is for youth 16-21 years of age who have committed a crime and may be more successful in a non-traditional court process. Diversion services are an option for individuals that court feels would benefit from a coordinated treatment program of counseling and supportive services. In 2007 the Diversion Program worked with 160 clients compared to 141 clients in 2006. In 2008 Pre-Trial Diversion worked with 189 clients that received individual service plans and client-based assessments. In the past three years there has been an obvious increase in Diversion services. Seventy-seven percent of the Diversion clients in 2008 successfully met the goals of their contract and were favorably discharged from the program.

Year	Number served	% of increase since 2006
2006	141	N/A
2007	160	14%
2008	189	34%

Pre-Trial Homeless Program

Wayne Pre-Trial Services, Inc. served 49 youth ages 16-21 in the Homeless Program. The program defines a homeless youth as a person under the age of 21 who is in need of services and is without a stable place of shelter. The Homeless Program provides services such as short-term crisis management assisting the youth to obtain shelter, food, and clothing; crisis intervention; counseling; case management; and independent living skills. Individualized treatment plans are provided that include weekly counseling, academic services and vocational training.

Wayne CAP Runaway Program

Wayne County Action Program (WCAP) provides services to the runaway population in Wayne County. The Runaway Program is a non-residential program that serves youth ages 12-17 with the goal of reuniting runaways with their families. In 2008 the Runaway Program received 49 helpline calls. Ten youth received case management services, which include counseling, mediation, transportation, and at times an alternative temporary living situation.

Intensive Crisis Respite

Wayne County Action Program (WCAP) received funding from the Department of Aging and Youth to provide crisis respite for youth in the FACT Program, the Runaway Program, the Homeless Program and any other appropriate program that was in need of this service. Wayne CAP provided crisis respite to nine youth in 2008.

YOUTH DEVELOPMENT PROGRAMS

ARC Vacation Camp

Eighteen youth, ages 7-20 participated in four, one-week sessions of Day Camp held during school vacations. Developmentally disabled youth enjoyed field trips and various active sports such as swimming, bowling, and roller-skating.

Big Brother Big Sister

Big Brothers Big Sisters (BBBS) of Greater Rochester provided on-going, long-term mentoring services for youth ages 6 to 16 years old throughout Wayne County. One hundred and seventy-four youth received mentoring services from trained volunteers in 2008. There are several types of programs for mentoring. Big Brothers Big Sisters expanded services by implementing school-based programs in Sodus, North Rose-Wolcott, Lyons, and Clyde-Savannah school districts. The school-based program serves 4-6th grade youth. They are matched with high school students on a one-to-one basis.

There also is a community-based program where youth ages 6-16 years old are matched with volunteer adults.

RECREATION

Sodus Point Recreation

Approximately 7,500 individuals utilized Sodus Point Park for swimming, picnicking and relaxing during the 2008 season. Fun-in-the-Sun was equally well attended with ten programs offered for over 290 youth ages 5-12. Six sessions of Fun-in-the-Sun were held over three days.

Municipal Recreation Programs/Recreation Council

Sixteen municipalities received State funding that enhanced youth programs in 2008. No two youth programs are alike as each municipality develops programs unique to the needs of its youth population. Some towns/villages have community centers with year-round programs, some provide a summer only program utilizing school buildings. Not all recreation programs in Wayne County receive OCFS funding. The chart below shows the number of participants in youth programs that received state funding in 2006, 2007, and 2008.

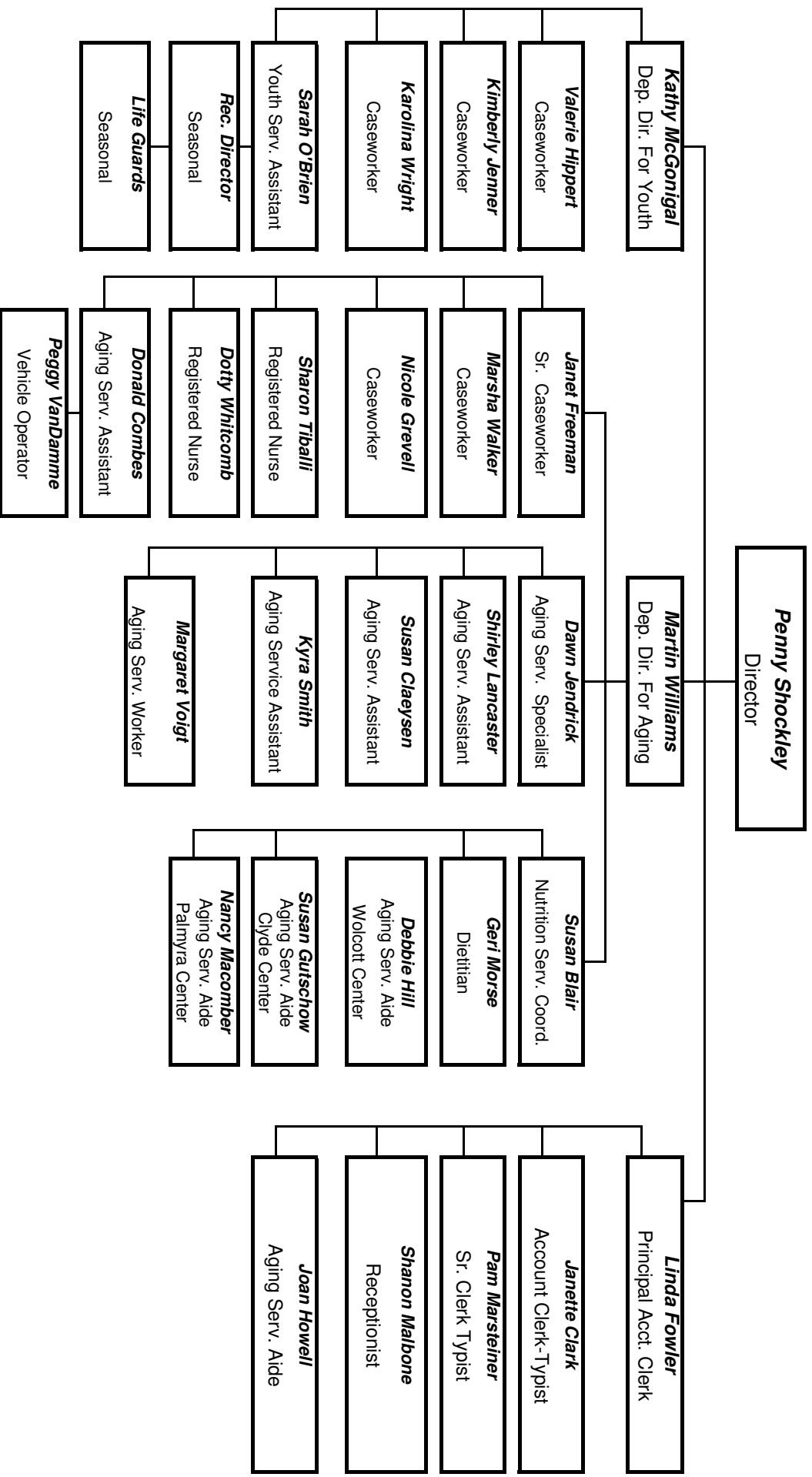
Number of Youth Served in Wayne County Recreation Programs

	2006	2007	2008
Sodus Point Fun-in-the-Sun	309	390	290
Town of Arcadia Recreation	1595	1588	1582
Town of Arcadia Counseling Referral	52	52	50
Arcadia Cultural Awareness/Employment	82	77	75
Village of Newark Recreation	2855	2858	2851
Village of Newark Juvenile Aid	2413	2916	3417
Town of Galen/Village of Clyde Recreation	192	184	147
Town and Village of Lyons Recreation	1260	1900	1900
Town and Village of Lyons Service	1260	1900	1900
Town of Marion Senior Bash	93	80	97
Town of Ontario Recreation/Service	2211	2211	2211
Town of Macedon	1200	1321	1200
Town and Village of Palmyra Recreation	1970	1900	1880
Town of Savannah Recreation	85	85	75
Town and Village of Sodus Recreation	94	125	114
Village of Sodus Point	317	209	212
Town of Williamson	117	117	117
TOTAL	16,105	17,913	18,118

WAYNE COUNTY YOUTH BOARD

NAME	EMPLOYER	Community / Professional Affiliation
Germain, Debora Chairperson		Town of Walworth Rep.
Johnson, Donna Vice-Chairperson	Wayne County Action Program	Council on Alcoholism Rep.; WC Jail Advisory Board; Parent Support Conn. Adv. Board, Marion SOC, Maion Food Pantry Board
Arelline, Jennifer	Lyons Central School	Lyons Central / Education
Benedict, William	Wayne County Sheriff Dept.	Juvenile Justice Rep.
Billings, Steve	Wayne County Cornell Cooperative Extension	Cornell Cooperative Extension Rep
Brinkman, Greg	New York State Police	Williamson School Resource Officer
Coons, Richelle	Student	Lyons School Youth Rep.
DiCraсто, Don	Faith Community Rep.	Scarlet Thread Ministries
Ellinger, Kari	Student	Clyde-Savannah School Youth Rep
Hammond, William		Board of Supervisors
James, Kayla	Student	Lyons School Youth Rep.
Jones, Mary A.		Village of Clyde Rep
Marr, Chase	Student	Lyons School Youth Rep.
McFaul-Frey, Laurie	Sodus Rec.	Town of Sodus Rep.; President Sodus Rec. Assoc.
Muscolino, Michael	Alex Eligh Community Center Inc.	Rec. Council Rep.; NYS High School Coaches Assoc.; ASA Softball Assoc. ; Newark Rotary; Newark Lodge 1249; Palmyra Moose Lodge
Orsini, Norine	BOCES	Town of Williamson Rep.
Phillips, Pam	Wayne County Probation Dept.	WC Probation Rep.
VanAcker, Susan	Wayne Central School	Town of Huron Rep.; Boys Scouts Exec. Council; Lakes Work Experience; Asset Committee, WC Farm Bureau
VanDongen, Valerie	Newark Skate Park	Village of Newark Rep.; Skate Park Rep.

WAYNE COUNTY DEPARTMENT OF AGING AND YOUTH 2009



**WAYNE COUNTY DEPARTMENT OF AGING AND YOUTH
FUNDS SPENT BY PROGRAM AND TYPE OF SERVICE
2008**

SERVICE CATEGORIES	UNITS OF SERVICE	TITLE III-B	CONGREGATE TITLE III-C-1	HDM TITLE III-C-2	TITLE III-D	TITLE III-E	EISEP	COMMUNITY SERVICES	CSI	SNAP	*OTHER*	TOTAL
Homemaking/Pers.Care	11,210	\$ 6,487				\$ 20,809	\$ 196,364	\$ 17,801				\$ 241,461
Housekeeping/Chore	593						\$ 12,766					\$ 12,766
Home Delivered Meals	39,891			\$ 79,334						\$ 138,919	\$ 46,415	\$ 264,668
Case Management	3,525	\$ 1,070			\$ 2,960	\$ 20,820	\$ 99,740	\$ 15,608		\$ 9,086	\$ 41,284	\$ 190,568
Congregate Meals	25,075		\$ 171,553							\$ 33,826		\$ 205,379
Nutrition Counseling	59									\$ 3,522		\$ 3,522
Transportation	2,706	\$ 12,352						\$ 8,297	\$ 5,501	\$ 9,932	\$ 10,224	\$ 46,306
Legal Assistance	84	\$ 7,550										\$ 7,550
Nutrition Education	70									\$ 4,418		\$ 4,418
Info & Assistance	10,273	\$ 46,221						\$ 55,685		\$ 10,416	\$ 78,211	\$ 190,533
Health Promotion	4040				\$ 2,619							\$ 2,619
Per. Emerg. Response	1,800					\$ 1,800		\$ 6,350				\$ 48,390
Caregiver Services	9					\$ 1,735						\$ 1,735
LTC Ombudsman	N/A	\$ 18,874									\$ 23,510	\$ 42,384
Other**	N/A					\$ 143					\$ 149,698	\$ 149,841
Area Plan Admin.		\$ 12,718	\$ 15,877			\$ 7,578					\$ 160,521	\$ 196,694
CSE/EISEP/PLANNING							\$ 20,000	\$ 20,000		\$ 9,991		\$ 49,991
TOTAL		\$ 105,272	\$ 187,430	\$ 79,334	\$ 5,579	\$ 52,885	\$ 328,870	\$ 123,741	\$ 5,501	\$ 220,110	\$ 558,253	\$ 1,666,975

NOTE: SPECIAL PROJECT FUNDS FOR HELP LINE ARE NOT INCLUDED. NOT ALL FUNDS IN GRANTS PASS THROUGH THE COUNTY BUDGET.
COSTS PER UNIT OF SERVICE CANNOT BE CALCULATED BECAUSE OF VARIABLE PROGRAMMATIC REQUIREMENTS THAT SKEW THE FIGURES.

*Due to reporting system changes the 'Other' category includes the services of Employment, Energy Assistance, Discount Cards, Public Information, and WRAP.

**OTHER* funding column includes the WRAP, USDA, HIICAP, LTCOP, LTCIEOP, Title V, Wayne County, Title VII, Transportation, NY Connects and HEAP funding sources.