

## LUNCH CLUB 60 MENUS

List includes entrée, vegetable, and dessert. Milk is served with each meal. Menu is subject to change. A donation of \$2.50 is suggested. Contributions are confidential and no one will be refused a meal because of inability to donate. Meals need to be ordered one day in advance.

<u>JANUARY</u>	<u>FEBRUARY</u>	<u>MARCH</u>
3 Chicken Parmesan with rotini, green beans, peaches	1 Chili, tossed salad, apple juice, cornbread, fruited Jell-O	1 Beef stew over biscuit, cauliflower, fruit
4 Chicken dumpling stew, tossed salad, mixed fruit	2 Ham, boiled potatoes, cabbage and carrots, Waldorf salad	2 Creamed cod, baked potato, peas, frosted cake
5 Pot roast with gravy, mashed potatoes, carrots, applesauce	3 Stuffed shells with spaghetti sauce, cauliflower, spinach with vinegar, cookie	5 Baked pork chop with mushroom gravy, mashed potato, peas and carrots, pears
6 Fish tenders with cocktail sauce, O'Brien potatoes, coleslaw, spiced pears	6 Chicken Parmesan with rotini, green beans, peaches	6 Turkey Tetrizzini, winter squash, French green beans, peaches
9 Shells and sauce with meatballs, Scandinavian mixed vegetables, fruit	7 Macaroni and cheese, mixed vegetables, mandarin oranges	7 Chili, tossed salad, apple juice, cornbread, fruited Jell-O
10 Turkey à la king, brown rice, spinach, strawberries with topping	8 Chicken dumpling stew, tossed salad, mixed fruit	8 Ham, boiled potatoes, cabbage and carrots, Waldorf salad
11 Chicken cranberry wrap, Minestrone soup, carrots and celery sticks, fruit cocktail	9 Pot roast with gravy, mashed potatoes, carrots, applesauce	9 Stuffed shells with spaghetti sauce, cauliflower, spinach with vinegar, cookie
12 Baked pork chop, sweet potato, peas, cream pie	10 Fish tenders with cocktail sauce, O'Brien potatoes, coleslaw, spiced pears	12 Chicken Parmesan with rotini, green beans, peaches
13 Breaded fish square, potato wedges, coleslaw, peaches	13 Shells and sauce with meatballs, Scandinavian mixed vegetables, fruit	13 Macaroni and cheese, mixed vegetables, mandarin oranges
<b>16 CLOSED FOR MARTIN LUTHER KING DAY</b>	14 Baked pork chop, sweet potato, peas, cherry pie	14 Chicken dumpling stew, tossed salad, mixed fruit
17 Turkey with gravy, stuffing, Brussels sprouts, pineapple	15 Chicken cranberry wrap, Minestrone soup, carrots and celery sticks, fruit cocktail	15 Pot roast with gravy, mashed potatoes, carrots, applesauce
18 Pulled pork on bun, barley vegetable soup, apple crisp	16 Baked pork chop, sweet potato, peas, strawberries with topping	16 Fish tenders with cocktail sauce, O'Brien potatoes, coleslaw, Watergate salad
19 Meatloaf with gravy, mashed potatoes, spinach salad, raisin rice pudding	17 Breaded fish square, potato wedges, coleslaw, peaches	19 Shells and sauce with meatballs, Scandinavian mixed vegetables, fruit
20 Tuna noodle casserole, carrots, coleslaw, pears	<b>20 CLOSED FOR PRESIDENTS' DAY</b>	20 Turkey à la king, brown rice, spinach, strawberries w/topping
23 Swedish meatballs over noodles, broccoli, cinnamon applesauce	21 Turkey with gravy, stuffing, Brussels sprouts, pineapple	21 Chicken cranberry wrap, Minestrone soup, carrots and celery sticks, fruit cocktail
24 Herbed baked chicken, sweet potatoes, green beans, apple pie	22 Pulled pork on bun, barley vegetable soup, apple crisp	22 Baked pork chop, sweet potato, peas, cream pie
25 Turkey and cheese on rye or wheat, Mediterranean lentil soup, peaches	23 Meatloaf with gravy, mashed potatoes, spinach with vinegar, raisin rice pudding	23 Breaded fish square, potato wedges, coleslaw, peaches
26 Beef stew over biscuit, cauliflower, fruit	24 Tuna noodle casserole, carrots, coleslaw, pears	26 Turkey with gravy, stuffing, Brussels sprouts, pineapple
27 Creamed cod, baked potato, peas, frosted cake	27 Swedish meatballs over noodles, broccoli, cinnamon applesauce	27 Cheese ziti, tossed salad, fresh fruit
30 Baked pork chop with mushroom gravy, mashed potato, peas and carrots, pears	28 Herbed baked chicken, sweet potatoes, green beans, apple pie	28 Pulled pork on bun, barley vegetable soup, apple crisp
31 Turkey Tetrizzini, winter squash, French green beans, peaches	29 Turkey and cheese on rye or wheat, Mediterranean lentil soup, peaches	29 Meatloaf with gravy, mashed potatoes, spinach with vinegar, raisin rice pudding
		30 Tuna noodle casserole, carrots, coleslaw, pears